



Folkhälsomyndigheten

TILL DIG SOM HAR DAGLIG HJÄLP AV HEMTJÄNST, FEBRUARI 2024, ENGELSKA

Information if you receive daily home care services

If you are 65 years of age or above and receive care in the home or equivalent services, the Public Health Agency of Sweden recommends that you receive one dose COVID-19 vaccine during the spring. This is to reduce the risk of hospitalisation.

Get vaccinated twice a year

Everyone who is 65 years of age or older and receives care in the home is recommended to get vaccinated against COVID-19 twice a year, once in spring and once in autumn. If you require daily help to take care of yourself, you are at higher risk than others of hospitalisation due to COVID-19 infection. This is true regardless of why you require home help.

The recommendation also applies to everyone over 80 years of age.

You are protected if you have both been vaccinated and had COVID-19

If you were vaccinated in the autumn and also had COVID-19 after 1 October, it is reasonable to assume that you will be well-protected during the spring and summer. You do not need to take another dose of the vaccine during the spring. You can wait until the autumn for your next dose.